

Week	Focus
1	<p>House Activities (SC) Icebreaker</p> <p>Students learn appropriate ways to support others in our College and House.</p> <p>Establish operational norms- link to AEIOU expectations. Excite/Engage students about PCT period concept- WOW factor Establishing expectations for PCT sessions Get to know us.</p>
2	<p>Community Sense (SC)</p> <p>Students become aware of their roles and responsibilities in both their house group and wider College community.</p>
3	<p>Positive Thinking/reflection on what going well (ER)</p> <p>Students feel gratitude for what they have and what is presently going well for them. Students learn positive thinking techniques and how to make the best of what they have.</p>
4	<p>Community Sense (SC)</p> <p>Students develop cooperation/team work capacity.</p>
5	<p>Effort/Goalsetting (GS)</p> <p>Students set goals and apply effort in attaining. Students develop capacity to work in teams.</p>
6	<p>Positive Thinking/Solutions Focus (ER)</p> <p>Students learn lateral thinking strategies for problem solving. Students learn to persevere when tasks become difficult.</p>
7	<p>Positive Relationships (SC)</p> <p>Students identify qualities that contribute to positive relationships.</p>
8	<p>Dealing with conflict – (DC)</p> <p>Students identify the role and capacity of by-standers and by-actives in facilitating and de-escalating/preventing conflict/bullying.</p>
9	<p>Dealing with conflict – Win Win resolution (DC)</p> <p>Students identify that the only way to win a conflict is if everyone wins!</p>
10	<p>House Activity (SC, GS, ER)</p> <p>Students demonstrate capacity to support/encourage others through challenge. Students develop sense of house spirit/pride</p>