



## From the Principal

### Welcome

As you know the College has been an Independent Public School (IPS) since the beginning of 2012. Each IPS undergoes an independent review during or at the end of the third year of each Business Plan Cycle. The review consists of two staff from the Department of Education Services spending two and a half days in the College discussing many aspects of the College operations including, but not limited to – the achievement of the College Business Plan Targets, the teaching and learning program, the College operational planning, the College Board and its functions, and many other aspects of the College day to day operations. The feedback from the reviewers was overwhelmingly positive with commendations across a number of areas. They were amazed at the breadth and complexity on display in a large senior high school, and were very impressed with staff passion and enthusiasm for improving student learning outcomes. I would like to publicly thank all members of the Comet Bay College Community that were involved in the review.

I would also like to take this opportunity to thank the students and staff involved in a number of community fundraising events this term. Our Youth Support Officer, David Karcheski, and the Student Leadership Team hosted the World's Greatest Shave. Thank you to the staff and students who gave up their hair for charity. Also thank you to Theresa Jennings and her Yr 12 Vocational Education Class, who provided a sausage sizzle and musical performances to raise money for the Princess Margaret Children's Hospital.

The Year 8 Student Wellbeing Program has started and early feedback has been very positive. Students will be engaged in learning 2 hours per week about team building, resiliency, self esteem, communication skills, goal setting and career education, just to name a few. Plans are well underway to expand this unique and innovative program into Year 7 and Year 9 next year. Comet Bay College's Year 7-9 students will then be exposed to, and will learn about these vitally important life skills over a three year period, providing authentic and genuine support to ensure our students have the best chance of educational success. Research has shown that academic success is directly linked to happy and balanced students, who understand the purpose and relevance of the education they are being exposed to.

I wish all members of the Comet Bay College Community happy holidays filled with fun, relaxation and large amounts of chocolate.

*Jamie Hayres*  
Principal

### Parents/Carers

Please ensure the College has your correct contact details including home and mobile phone numbers and email addresses. Teaching staff experience difficulty contacting parents where these details are out of date or incorrect. **Thank you**



*Annual Year 8  
Medieval Fayre*  
FULL STORY ON PAGE 3



*Congrats*

## Miss Caroline Lansdell

Congratulations to Caroline Lansdell, Education Assistant and Vocal Tutor at Comet Bay College, who was awarded the Archbishop Foley Award from the University of Notre Dame Australia.

The award recognises outstanding service and commitment to the University community.

Miss Lansdell is the current president of the Notre Dame Social Justice Society and is an active volunteer with the Salvation Army. Caroline has represented the University by attending an international conference on disaster relief held in Indonesia earlier this year.



**Comet Bay College has  
an official Facebook Page!**



Like us on Facebook to keep up to date with current news and events via the following link: [www.facebook.com/CometBayCollege](http://www.facebook.com/CometBayCollege)

### FOR YOUR DIARY

## Comet Bay College Calendar

See what's coming up at Comet Bay College:

### Term 2

Mon 26 May  
to Tues 3 June  
Yr 12 Exams

2014

Sat 12 to Mon 28 April  
School Holidays

Tues 29 April  
Students commence Term 2

Fri 30 May  
Student Free Day / School  
Development Day

Wed 30 April  
ANZAC Ceremony - 9.45am

Mon 2 June  
Public Holiday – Western Australia  
Day

Sat 3 to Wed 7 May  
Yr 10 Football Camp – Kalgoorlie  
Tour

Thurs 29 May to Fri 6 June  
Yr 11 Exams

Tues 13 to Thurs 15 May  
Yr 9 NAPLAN

Fri 4 July  
Last day of Term 2



## National Day of Action against Bullying and Violence



On Friday 28th March, Comet Bay College joined with schools and organisations across the country to participate in the National Day of Action against Violence and Bullying.

The lunchtime air was filled with chords and melodies as Kids With Wolves, a young local band, performed on stage to raise awareness of this important issue. The band was well received and many students took a wristband to signify their willingness to take a stand against violence and bullying.

Research suggests that one of the biggest obstacles to overcoming bullying is bystander behaviour. By raising the College's awareness of this issue, we can all help to create a culture that does not tolerate bullying.

*David Karocheski*  
Youth Development Officer

**BULLYING  
NO WAY!**  
TAKE A STAND  
TOGETHER



# Annual Year 8 Medieval Fayre

**It has been an exciting and productive time for the year 8 students in S&E this term as they have been focusing on Medieval European History.**

Students looked at the impact of the Vikings and other raiding cultures on Europe from the 8th to 12th centuries. They then investigated all aspects of the Feudal, social structure including; the role of Kings and Nobility, the power of the Christian church and its impact on the European population at this time, the responsibilities of knighthood, the importance of heraldry, the life of the peasant and the brutality of Medieval law. In a historical inquiry assessment, the students were required to identify a particular aspect of the medieval times which they were interested in, complete a research report about its historical significance and create a medieval artifact and information poster for display in the upcoming Medieval Fayre. The quality and historical accuracy of student work this year was exceptional. Students made shields, clothing, dioramas, tools, siege weapons, illuminated manuscripts, baskets and armour to name but a few.

On Wednesday the 26th of March, the students were invited to attend the CBC Medieval Fayre. This is the third Fayre that the S&E learning area has organised and run for the year 8 students. It not only highlights the fantastic display work showcased by the students, it also allows students to participate in aspects of Medieval life. Each year, learning areas are invited to create an activity or stall

for the students to participate. This year, Ms Simmons from Science ran an apothecary stall where students were allowed to try various potions and concoctions to cure their ailments. Mrs Burton's Dance students choreographed an excellent Maypole dancing demonstration. Mr Barton from English read poetry from various texts and played the charming fool as always. Mr Golightly from Maths demonstrated chance and luck through several games. Ms Tagore from Home Economics provided the students with authentic broth and bread. Mr Olssen and Mr Hill provided some hand made replica trebuchets for the recess 'fling-off'. Mrs Hall from the Art department provided calligraphy and tapestry demonstrations, and the IT department was responsible for keeping records of the event. VET students helped enormously with the setting up of the Fayre and the Society and Environment department ran a Heraldry stall (where students could look up their family crest), the nerf archery and the bicycle jousting activities.

***Feedback from the students and parents has been resoundingly good and we hope to make next year's Medieval Fayre even bigger and better.***

*Joseph Elson*

**Teacher Society & Environment**





## Students and teachers shave hair in support of 'Worlds Greatest Shave'

Brave Students and Staff went under the razor on the 18th March to raise money for the fight against Leukaemia as part of the Worlds Greatest Shave. Despite some very dodgy hairdressers these volunteers were not deterred and have managed to raise \$1,707.65.

Two girls were especially brave and stepped up to the stage with long flowing hair. Both Cheyanne Gibling and Alana Cults left the stage shaved with a number 0.

Tyden Nielsen, Daniel Emery, Jason Oliver and Lynden Hughes also shaved their hair, and were joined by Mr Churchman, Mr. Waddy and Miss Harrison.

Our thanks go to the Student Councillors for organising this event and to all the members of the College Community, their families and friends who donated generously to this cause.

*David Karcheski*

**Youth Development Officer**





# Comet Bay College shines in Basketball Carnival!

**On Thursday the 20th of March, twenty upper school students represented Comet Bay College in a Basketball Lightning Carnival that was held at Mike Barnett Sports Complex in Rockingham.**

The boy's team won 4 out of the 5 games played, and became a dominant force by the last game! The girls played 3 games and unfortunately did not win any games; however from a spectators view and talking to parents and coaches around the carnival, they were by far the most improved team on the day.

The day was a huge success with the boys finishing 2nd overall, and only losing to CBC Fremantle, who had a number of State players playing for them. The boys also won the game against Rockingham Senior High School, who have a specialist basketball program which is well known across the State for the quality of the program and the players it has produced.

The students had a blast on the day and conducted themselves on and off the court in fantastic fashion, showing true sportsmanship and were a credit to the College.

Congratulations to the boys with the fantastic results and congratulations to the girls for putting in a massive effort all day long and never giving up. Well done!

MVP Boys- David Foletta

MVP Girls- Kasey Miegel

*Ben Jahn*

**Teacher Health & Physical Education**







## Interschool Swim Carnival

Well done to all competitors who represented Comet Bay College in the Interschool Swim Carnival 2014, on Wednesday 12th March at Challenge Stadium. Placing 5th in Division C is a great achievement for all involved! The students were impeccably behaved in and out of the pool and were outstanding ambassadors for the college motto of "Seek Excellence".

*Excellent work guys!!*



### Overall Individual Results:

*Year 8 Runner up Champion girl:*

*Amelia Boyd*

*Year 10 3rd place Champion girl:*

*Arnet Tolofua*

*Year 11 3rd place Champion girl:*

*Alexis Good*

## Wrestle Fun

Last Friday, on the 7th of March, students from all over the school gathered in the Year 9 Quad to watch as students from all different year groups, as well as a few teachers, wrestled it out; sumo style.

The event ran through recess and lunch with all the four houses going head to head, winning points and having a bunch of fun. Despite the heat, the event was a great success and students were cheering each other on as they stepped onto the mats, ready to take down the enemy and claim their house points. Students cheered each other on; even managing to pull a few staff onto the mats as well as the day progressed. Throughout recess and lunch, there was never a lack of students in line to wrestle; in fact, it was the other way round. There wasn't enough time for everyone who wanted to wrestle, as everyone, from year eight through to year twelve, lined up to fight. Student photographers were there capturing every moment of action in digital form.

All of the competitors played using different styles of wrestling, some tactical, but most students went on the offence running, jumping, and body-slamming their way to victory. The sumo wrestling event was organised by Mr Karcheski and his house captains for 2014, and they did a great job. Sumo wrestling was a great way to begin the year and we can expect many more fantastic and most likely outrageous events to occur throughout the rest of the year. Congratulations Challenger on your win and well done to everyone else as well. Until next time, may the best house win!

*Emily Galvin*  
Year 9

### House Captains Wrestle Fun

This year, our House Captains decided that they would run inter-house activities with a difference.

They kicked off this term with an inter-house Sumo Wrestling Competition. It wasn't just the students that had fun with at least two bouts contested by members of staff.

The sumo challenge was eventually won by Challenger, followed by Voyager who came second place. Only one point behind Mariner came in third and fourth place occupied by Navigator.

Taking revenge in the Melon Eating challenge, the results were almost reversed with Navigator chomping their way to victory. Mariner repeated their result coming second, Challenger third and this time Voyager came in fourth.

*David Karcheski*  
Youth Development  
Officer





# Student Support News

## STUDENT PARKING / PERMITS

Students should continue to park in the designated areas and display their permits. If a student needs a parking permit, please see Student Support Staff.

## SECOND-HAND UNIFORM & BOOKSHOP

The second-hand uniform and bookshop is open on Wednesdays from 3pm to 5pm.

## NOTES

Please write a note for your child if they have an appointment. This allows them to leave their class and sign out promptly.

## PARENTS PARKING

Please do not park on driveways, always use the designated on street parking. The car parks are only to be used by visitors, staff and students with parking permits.

## UNIFORM SHOP

The uniform shop is open on Tuesdays from 8am to 11.30am, and Thursdays from 1pm to 4pm.

## PRESENT OR ABSENT?

The school uses an electronic system to record attendance in lessons. When a teacher enters an absence, the system identifies this and an automated service sends a text message to the relevant contact.

## BORROWED UNIFORM

If you have borrowed any school uniform, please return this as soon as possible to avoid being charged for the item.

## LIBRARY RESOURCES

Please ensure that all items borrowed from the library are returned or renewed.

## CONTACT DETAILS

Please ensure your contact details and any Emergency contact details are up to date.

## THE EASY WAY TO GET A TAX FILE NUMBER

**The Australian Tax Office (ATO), with the cooperation of schools, offers students aged 13 years or over the opportunity to apply for a Tax File Number (TFN) through school. This is a voluntary program and makes it easier for students to obtain a TFN.**

Students need a TFN for employment, applying for Centrelink benefits, opening a bank account, managing their superannuation or deferring university fees.

Applying for a TFN through school is easier because students do not need to show identifying documentation to the ATO. The application form is available from the school and students can complete it at home. The form requires information such as the student's name, address and date of birth. Students also need to provide the following details:

- Students born in Australia will need to provide the following;
  - Birth certificate number, state of issue and year of registration, or
  - Australian passport number and date of issue.
- Students born overseas will need to provide their:
  - Overseas passport number and country of issue, or
  - Australian citizenship certificate number and date of issue, or
  - Australian passport number and date of issue

It is important that the application form is fully completed and signed by the student. All information provided on the form will remain confidential.

Students will receive their TFN from the ATO via a notification letter sent to their postal address. This will be sent within 28 days of the application being received by the ATO.

### Enquiring on your child's behalf

Due to privacy provisions, parents of children aged 14 or older may enquire about their child's tax affairs only if they are registered as an authorised contact with the ATO. After your child has received their TFN; they can authorise you by phoning the ATO on **13 28 61** between 8.00am and 6.00pm, Monday to Friday.

### More information

If you have any questions, phone **13 28 61** between 8.00am and 6.00pm, Monday to Friday.

Forms can be picked up from the VET Office during recess and lunchtimes.



## Delicious Home-Cooked Meals now available in the Cafeteria!



CBC Cafe has recently introduced "Weekly Specials" containing delicious home-cooked meals prepared for students and staff each day of the week on a trial basis. If staff and students continue to enjoy and purchase the meals, it will continue on a permanent basis.

Students are required to order their meal in the morning before school or at recess. No orders will be taken after recess.

The cafeteria staff are encouraging students to book in advance as meals are currently selling out quick!

**Look out for more delicious meals coming your way next term, including:**

- Apricot Chicken
- Roast Beef and Vegetables
- Shepherd's Pie
- Beef Stew
- Soup and Roll
- Spaghetti and Meatballs
- Lasagne
- Toasted Turkish with Chicken or Mediterranean Vegetables
- Prawn Salad
- Caesar Salad
- Greek Salad
- Oven Baked Fish and Chips
- Low-Fat Hamburgers

## School App Coming Soon!

Comet Bay College will be releasing its new School App next term for both iPhone and Android devices.

### **What is the School App?**

The App is a tool that gives parents easy access to College communication and information. It includes current news and upcoming events, which can be received through alert notifications on your device. Parents can also send student absentee notes, or provide change of details directly to the College through the 'e-forms'. The App also provides useful information such as College Newsletters, Canteen Menus, Uniform Shop details, and more.

### **How do I get the App?**

You can simply download the App by searching for 'Comet Bay College' through the iTunes Store or Google Play, and simply download it for FREE!

An easy instruction sheet will be sent out to parents on how to download and set it up when it is released next term (Term 2).





# Health Update

CBC Community Youth Nurse



## HAND WASHING - Help prevent the spread of disease in the school environment

Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands;

- Use clean water and soap, making sure they cover their hands and wrists.
- Use a brush to clean under nails if they're dirty too
- Dry their hands with something clean (like a paper towel)

Alcohol based sanitisers are useful when soap and water is not available or the hands are not visibly dirty. Use half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

Information taken from [www.raisingchildren.net.au](http://www.raisingchildren.net.au)

## How much physical activity should my child be doing?

Children need at least 60 minutes of physical activity each day. But more is better, so encourage your child to be active for up to several hours each day.

Children need a combination of moderate and vigorous activity. 'Moderate activity' is any activity which is similar in intensity to a brisk walk e.g. bike riding or active playing. 'Vigorous activity' is any activity which makes your child "huff and puff" e.g. organised sports, ballet, running or swimming laps.

Any activity that requires your child to expend energy should be encouraged. Go to [http://raisingchildren.net.au/nutrition\\_fitness/school\\_age\\_nutrition.html](http://raisingchildren.net.au/nutrition_fitness/school_age_nutrition.html) for more information.

## SCREEN TIME - limit your child's use of TV and computer games

Children and adolescents should not spend more than two hours a day on screen based activities. Excessive screen time often leads to poor health, poor fitness and overweight.

Activities like surfing the net, social networking, watching TV and playing screen games can be educational and fun, but all involve sitting still for long periods of time. Set family rules around screen time and encourage your child to try a range of active pastimes.

For more information, go to [http://raisingchildren.net.au/nutrition\\_fitness/school\\_age\\_nutrition.html](http://raisingchildren.net.au/nutrition_fitness/school_age_nutrition.html)

## PHYSICAL ACTIVITY EVERYDAY - Tips for teenagers

1. Aim for at least 60 minutes of moderate intensity physical activity every day. (Moderate intensity activity is when you can talk while walking or running but you're not able to sing.)
2. Reduce electronic screen use e.g. computer/TV.
3. Walk part of the way to school and back.
4. Cycle to school one or more days each week.
5. Plan two specific physical activities on the weekend.
6. Be physically active with friends. Use it as a way of keeping in contact with friends. Go for a walk and a talk instead of messaging or chatting online.
7. Walk around the shopping centre if it is too hot, cold or wet outside.
8. Increase lifestyle activity (like helping with home chores or walking the dog)
9. Join a new activity or club that involves fun physical activities.
10. Encourage your family to be physically active together

For more information visit <http://www.healthyactive.gov.au/> and <http://www.natureplaywa.org.au/home>

Celia Brown and Robyn Rogers

Comet Bay College's Community Health Nurses





## AUSTRALIAN DEFENCE FORCE CAREERS EXPO

Irwin Barracks, Stubbs Terrace, Karrakatta

Friday 2<sup>nd</sup> May 2014 9am-3pm and Saturday 3<sup>rd</sup> May 2014 10am-4pm

Defence Force Recruiting's inaugural Australian Defence Force Careers Expo will be held in May this year over two days, Friday 2<sup>nd</sup> May and Saturday 3<sup>rd</sup> May and we would like to invite you and your students to attend. The Navy, Army and Air Force are always recruiting for a range of full time and part time positions that offer great pay, an active lifestyle, nationally recognised training, and a whole lot of adventure. The expo will have interactive activities, displays of vehicles and equipment, presentations and information stands covering all job categories with serving military members from the Navy, Army and Air Force available to talk to you and your students about their future career options. The expo will be a fantastic opportunity for your students to discover the huge variety of career options in Defence and participate in interactive activities and displays. With over 200 careers available they'll be able to find one that matches their skills, interests and education. The Australian Defence Force Careers Expo will be held on Friday 2<sup>nd</sup> May and Saturday 3<sup>rd</sup> May at Irwin Barracks,

Stubbs Terrace, Karrakatta, WA and the Friday will be open only to pre booked groups and then open to the public on Saturday.

**If you would like to bring a group of students on Friday 2<sup>nd</sup> May we are now accepting expressions of interest.**

CALL 13 19 01 OR VISIT [DEFENCEJOBS.GOV.AU](http://DEFENCEJOBS.GOV.AU)



NAVY



ARMY



AIR FORCE

## SCHOOL PARKING

***Please be aware of the following offences under the City of Rockingham, Parking Local Laws 2004.***

- 7.9 Stopping on verge.** A person shall not stop a vehicle so that any portion of it is on a verge, unless you are the owner or occupier of the adjacent premises, or have authorisation from the occupier to stop on the verge.
- 4.1(3)(b) Parking contrary to signs or limitations.** A person shall not park a vehicle in a parking area, except in accordance with both the signs associated with the parking area and the provisions of this local law.
- 4.5(2)(a) Double parking.** A person shall not park a vehicle so that any portion of the vehicle is between any other stationary vehicles and the centre of the carriageway.
- 4.5(2)(f) Parking on footpath or pedestrian crossing.** A person shall not park a vehicle so that any portion of the vehicle is, on any footpath or pedestrian crossing.
- 7.15 Stopping in disabled parking area.** A driver shall not stop in a parking area for people with disabilities unless the driver's vehicle displays an ACROD sticker.

Rangers are patrolling schools on a daily basis to assist in implementing the School Road Safety and Parking Awareness Program. Please ensure you abide by the parking signs and local laws surrounding your school.

**Parking Infringements will be issued to offending vehicles.**

**Maximum Penalty \$5000.**

